

Appendix I. QOL Bivariate Data by Domain, With Individual Metrics—Baseline and Month 6

Appendix I:

**Quality of Life Bivariate Data by Domain with
Individual Metrics – Baseline and Month 6**

Quality of Life Concern	% Reporting any concerns								
	Spec. Consultative			Spec. Longitudinal			Oncology Embedded		
	Baseline	6--month	p---value	Baseline	6--month	p---value	Baseline	6--month	p---value
Physical Concerns – prevalence of top 8 concerns*	56.5	54.5	.381	52.6	58.3	.072	50.7	53.1	.313
1. Pain	55.1	46.1	.016	48.3	44.7	.490	45.2	43.4	.642
2. Fatigue	75.5	65.3	.003	67.3	71.7	.369	70.9	68.8	.567
3. Sleep disturbances	65.1	61.6	.336	60.0	67.3	.152	57.5	60.3	.457
4. Memory and concentration	55.3	65.0	.008	50.2	66.7	.002	50.0	59.3	.016
5. Nausea/Vomiting	13.8	9.9	.105	10.7	10.7	.990	13.6	11.5	.416
6. Poor appetite	18.9	15.8	.266	15.1	16.4	.749	18.2	14.9	.261
7. Trouble swallowing	10.7	12.4	.471	10.2	15.1	.163	12.8	9.5	.176
8. Dental or mouth problems	23.3	22.0	.672	16.1	22.6	.114	18.7	21.0	.458
9. Weight changes	43.2	44.6	.709	38.1	43.4	.302	39.3	40.7	.719
10. Balance/Walking/Mobility	35.9	40.9	.171	34.6	44.0	.068	39.3	42.4	.422
11. Loss of strength	55.6	52.9	.475	53.2	58.5	.311	52.1	53.6	.715
12. Tingling or numbness in feet and hands	47.3	44.6	.458	47.8	53.5	.285	37.7	43.4	.136
13. Swelling in legs or arms	30.8	32.8	.565	28.3	29.6	.791	27.3	28.5	.730
14. Osteoporosis/Bone health	36.2	39.9	.295	36.6	47.2	.042	34.5	33.0	.872
15. Hair and skin care issues	40.1	37.8	.530	38.1	42.1	.429	38.0	37.6	.928
16. Body changes	45.2	47.1	.605	39.5	50.9	.030	32.9	41.2	.024
17. Bowel or bladder changes	35.4	38.4	.410	27.8	28.3	.917	35.8	35.3	.877
18. Hot flashes	54.9	56.0	.749	55.6	61.0	.301	52.9	55.3	.551
19. Sexual issues	37.9	31.5	.132	34.2	32.7	.773	31.6	28.8	.445
20. Fertility issues¹	4.9	2.9	.095	3.9	3.8	.949	5.35	1.0	.002
Social and Emotional Concerns – prevalence of top 6 concerns	61.0	58.1	.355	61.1	63.6	.503	53.6	54.2	.826
1. Defining a new sense of normal	55.8	55.4	.912	57.1	58.5	.786	48.4	48.1	.947
2. Managing difficult emotions: anger, fear, sadness, depression, etc.	58.5	52.9	.132	62.9	57.2	.270	51.1	51.9	.838

¹ N=28 for Model 1, N=14 for Model 2, N=23 for Model 3

3. Coping with grief and loss	40.8	44.9	.263	43.4	48.4	.341	34.8	42.0	.054
4. Living with uncertainty	63.1	59.1	.272	63.9	67.3	.500	55.9	55.3	.871
5. Fear of recurrence	80.3	76.5	.204	77.1	82.4	.214	75.1	72.2	.392
6. Managing stress	59.7	64.7	.166	59.5	74.2	.003	52.9	60.3	.056
7. Isolation/Feeling alone	39.6	35.0	.203	40.5	35.2	.305	30.0	31.5	.660
8. Intimacy issues	38.8	30.3	.017	35.6	30.2	.276	30.8	25.4	.129
9. Gratitude, forgiveness, love, happiness, contentment	38.1	34.1	.257	32.7	29.6	.524	27.0	27.5	.896
10. Having a sense of well being	46.1	39.9	.093	45.8	42.1	.479	38.0	37.3	.857
11. Changing relationship with spouse, family, and others	34.7	27.2	.031	35.1	25.2	.041	26.2	22.4	.253
12. Finding support resources	29.9	21.4	.009	24.4	20.8	.412	20.1	18.6	.647
13. Connecting to counseling services	27.4	17.7	.002	22.0	16.4	.181	18.2	12.9	.062
14. Genetic counseling (worry about children getting cancer)	40.3	24.2	<.001	33.2	22.6	.027	41.2	25.8	<.001
Practical Concerns – prevalence of top 2 concerns	42.7	38.7	.232	41.5	42.1	.887	44.5	33.7	.002
1. Managing household activities	36.7	34.4	.521	35.6	34.6	.840	35.8	33.9	.603
2. Caring for family members	25.5	26.3	.799	20.0	24.5	.301	24.6	22.0	.437
3. Talking about cancer with family and friends	28.2	26.0	.516	23.9	24.5	.890	20.9	18.3	.410
4. Returning to work	22.6	13.3	.001	23.4	13.2	.014	17.1	11.2	.031
5. Health insurance	33.5	27.3	.068	35.6	37.1	.768	28.9	24.8	.232
6. Financial concerns	45.4	45.2	.960	45.4	47.2	.732	46.8	37.6	.017
7. Debt from medical bills	40.1	32.2	.028	37.6	37.1	.929	42.3	29.8	.001